

PLEASE CALL US FOR MORE INFORMATION ABOUT OUR OTHER SERVICES

Breastfeeding support, Antenatal Support, Infant Feeding, Introduction to food, The Freedom Programme, Solihull Approach, Cooking, Baby Yoga, Baby Massage, Volunteering and Family Voices. **ALSO FREE CHILDCARE FUNDING.**

FAMILY SUPPORT

We have a Family Support Team who are on hand to support you with:

- Low Level Housing Advice
 - Debt Advice
 - Domestic Violence
 - Parenting
 - Childcare Advice
- Parental Emotional Well-Being

Call to speak to a duty worker on **0121 464 4189**
Monday-Friday 9.00am-4.00pm

HEALTHY START VITAMINS

You can collect your **FREE** Healthy Start Vitamins for Mother and Child from us at
GBNFC Children's Centre.
Monday- Friday 8.30am-5pm.



Best Start for Life website



November 2024

GBNFC
Children's Centre
Selly Oak Family
0121 464 4189



If you need any additional support to access our groups, please contact us.



Providing activities and support for children Birth-5 and their families



Find us at: 213 Trittiford Road, B13 0ET

Like us on Facebook: **GBNFC Children's Centre**

Follow us on Instagram: **@GBNFCCC**

MONDAY

9.30am-11.00am
Baby Group

Birth- 12 months
The Chinnbrook
Centre, B13 0ET

1.30pm-2.30pm
First Words Together

1-2 years
Selly Oak Methodist
Church, B29 6HT
5 week course
4th November-
2nd December
please call us for
more information,



TUESDAY

10.00am-11.30am
**Stay and Play for
children with
additional needs**

Under 5 years
St Bedes Church,
B14 6NQ

9.30am-11.00am
Stay and Play
Under 5 years
Masefield
community centre,
B31 2HL



WEDNESDAY

9.30am-11.00am
Stay and Play
1-2 years
St Andrews Church,
B30 2RD

**Unless stated all
of our Groups will
be running from
the week of
4th November
until our Christ-
mas groups
begin.**



THURSDAY

9.30am-11.00am
Stay & Play
Under 5 years
Chinnbrook Centre,
B13 0ET



FRIDAY

9.45am-11.15am
Stay & Play
Under 5 years
Stirchley Baths, B30
2JT

**Most of our Groups
are now DROP-IN
GROUPS
No need to book
just turn up!
Groups with the
phone symbol
Please call to book
on 0121 464 4189**

